

令和6年度 活動実績

団体名

室戸市

○外国人お遍路向け室戸マップの作成・配布

増加する外国人遍路向けに、室戸市内のガイドリーフレットを新たに作成
A4両面カラー三つ折り 23,000部印刷

23番札所薬王寺から室戸市内の観光施設、宿泊施設等に配布



#24 HOTSUMISAKIJI TEMPLE

Approx. 10km from Temple #23, this is the first stop for pilgrims in Kochi Prefecture.



#25 SHINSHOJI TEMPLE

Approx. 6.5km from Temple #24, this temple has prospered as a place of worship for the fishermen who embark from the port.



#26 KONGOCHOJI TEMPLE

The last of the Muroto Sanzan is approx. 41km from Temple #25 and was the first temple founded by Kukai.



SEAREST MUROTO

Shikoku's Only Deep-Sea Water Spa

Searest Muroto offers a unique opportunity for pilgrims to relax and rejuvenate with the therapeutic benefits of deep-sea water. As Shikoku's only facility to harness this natural resource, Searest Muroto uses water sourced from depths of over 200 meters, known for its purity and rich mineral content. This deep-sea water is renowned for its ability to promote health and wellness, improve circulation, and enhance skin condition.



FINNISH SAUNA

Experience the Finnish inspired sauna, where you can enjoy the Aurogus ritual. Bask in the aromatic steam as it is fanned with a towel, creating a soothing blend of fragrance and heat.



JACUZZI

Take in the ocean air and soothe your muscles after a long day of walking in the open air Jacuzzi. The hot deep-sea water works to improve blood-flow and ease your aching feet.

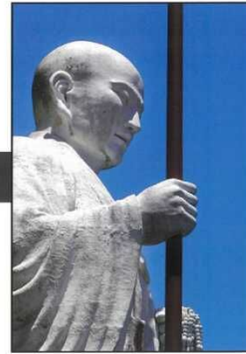
FACILITY INFORMATION

Muroto-aki 3790-1, Muroto, Kochi
Hours: 10am - 9pm
Closed: 2nd & 4th Wed

Full Spa Access: ¥1600
Sauna & Bath: ¥600
Bath Only: ¥200

MUROTO OHENRO

AN ENGLISH GUIDE FOR MUROTO'S PILGRIMS



MUROTO GEOPARK PROMOTION COMMITTEE



MIZUKAKEJIZO

These statues honor the spirits of the lost. The space, originally established by Kukai, features around 250 Jizo statues and is particularly visited during the spring and autumn equinoxes. Pilgrims pour water over the statues to remember and pray for the souls of those lost, symbolizing a wish to quench their thirst and bring them peace.

INTERACTIVE MAP

For a full overview of the wonderful things Muroto has to offer, including lodging and vegan dining options, check here!



QUESTIONS?

Muroto Geopark Promotion Comm.
TEL: 089-22-8181
MAIL: info@muroto-geo.jp

MIKURADO CAVES

Sacred Location



It is said that it was in these caves over 1200 years ago that Kobo Daishi meditated and then achieved his enlightenment. He then changed his name to "Kukai" which means "sky" and "sea" in Japanese, reflecting what he looked at everyday while meditating from inside the cave.

KUWAZUIMO TARO

One of the Seven Wonders of Kukai



As Kukai traveled in Muroto, he asked an old woman washing taro roots for food. She refused, claiming the taro was inedible. Afterward, the taro indeed became very bitter. This plant still grows by Hotsumisakiji Temple, reminding us of the importance of kindness and generosity.

KANEISHI ROCK

One of the Seven Wonders of Kukai



At Hotsumisakiji Temple, you will find a large rock with many indentations in it. Striking this rock with one of the stones makes a metallic ringing sound, which is said to reach loved ones who have passed away. The indentations are from the rock being struck for many years by many people.

ICHIRYU-MANBAI KETTLE

Legend of Kukai



It is said that when Kukai poured three cups of rice into this pot and cooked it, the amount increased over 10,000 times and saved the people who were suffering from hunger in the region. It can be found next to the Daishi Hall at Kongochoji Temple.

MUROTOZAKI LIGHTHOUSE

Located just 100 meters away from Hotsumisakiji Temple, this lighthouse boasts the largest lens in all of Japan. The panoramic views of the vast Pacific Ocean will be one of the most memorable on your pilgrimage.



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